NHS Lothian Volunteering - Role Description



Role Title	Play Volunteer (Complex Needs – Children's Services)
Purpose of the role	To interact with and provide stimulation, distraction and enjoyment for children and young people who have complex medical needs or disabilities.
Where	Sunndach (Livingston) and Calareidh (Edinburgh)
When	Monday – Thursday from 4:30pm Friday from 1pm Saturday and Sunday afternoons
Tasks to be undertaken	 Taking part in socialising group activities such as arts & crafts, movies and listening to music Spend time with patients in Snoezelen Multi-Sensory Rooms to help reduce agitation and anxiety, and promote enjoyment and relaxation Watch movies, listen to music, or sing songs to patients Help maintain toys and other play materials, advising when items are broken or need to be replaced Ensure toys and other play materials are clean and tidy Spend time in the secure garden areas with patients (consent of staff required) Bring any concerns about a patient to the attention of a member of the clinical staff
Tasks not to be undertaken	 Medical care, including first aid Personal care (e.g. taking a patient to the toilet, brushing teeth etc.) Provide assistance to patients with eating meals Manual handling of patients (e.g. assisting to stand, transferring from bed to chair, getting in and out of a wheelchair etc.) Giving advice
Skills, Attitudes and Experience needed	 Experience working/volunteering with children would be desirable Confident communicator with a good grasp of English (this includes verbal, written and listening skills) Ability to adapt communication styles to support the different communication needs of patients Non-judgemental and sensitive approach with a willingness to learn Patience, understanding and sensitivity to the needs of patients, their families

NHS Lothian Volunteering - Role Description



	 Adhere to all health and safety and fire regulations and to cooperate with the NHS in maintaining good standards of health and safety A good understanding of and adherence to NHS Lothian confidentiality policy
	Ability to work independently within role boundaries
	 Commitment to demonstrating NHS Lothian Values and behaviours
Level of Disclosure Scotland Check Required	This role involves regulated activity with children and therefore you will be asked to join the PVG scheme to work with children. If you are already a member, your membership will be updated. Please note: This will be requested for you and paid for by NHS Lothian, you do not need to apply or pay for this yourself.
Training	Training will be given on all aspects of the role.
Support /Supervision	Day to day support will be provided to you by the ward or department your volunteering is based within. Ongoing training and support will be provided to you by the Voluntary Services Team.
Expenses	Out of pocket travel expenses will be reimbursed in line with NHS Lothian's Volunteer Expenses Procedure
How to apply / what happens next	Complete our online application form here: https://www.nhslothian.scot/getinvolved/volunteering/online-application-form/ Volunteers will be invited to attend a semi-formal interview, followed by
	mandatory training and a local induction for their chosen role.
Role created date	July 2020 Reviewed May 2024 2 nd review May 2025