

## Volunteer Role Description

<b>Role Title</b>	Complementary Therapist
<b>Purpose of the role</b>	To provide short complementary treatments for patients
<b>Where</b>	St John's Hospital, Livingston. Ward 17 Psychiatry Ward, Regional Eating Disorder Unit, Mother & Baby Unit and Medicine of the Elderly wards
<b>When</b>	2 hours per week. Mon-Sun Mornings or afternoons
<b>Tasks to be undertaken</b>	Tasks include: <ul style="list-style-type: none"> <li>• Complete with patient a consent form</li> <li>• Provide short treatments of 15-30mins to patients such as hand massage or reflexology etc</li> <li>• Chat to patients, making them feel at ease</li> <li>• Reporting any issues with patients to staff</li> </ul>
<b>Tasks not to be undertaken</b>	The manual handling of patients, toileting or personal care.
<b>Skills, Attitudes and Experience needed</b>	<ul style="list-style-type: none"> <li>• Recognised qualification in a Complementary Therapy</li> <li>• Professional indemnity insurance</li> <li>• Ability to provide short treatments</li> <li>• Ability to put patients at ease</li> <li>• Ability to maintain confidentiality and record keeping</li> </ul> <p>Please note training will be given on all aspects of volunteering on an NHS Lothian site.</p>
<b>Support /Supervision</b>	Support will be provided by the Voluntary Service Team and Senior Charge Nurse of Wards or Depts
<b>Expenses</b>	Agreed out of pocket expenses which are incurred when carrying out this volunteer role will be reimbursed in line with the NHS Lothian volunteer expenses policy and signed off by the VSM.
<b>How to apply / what happens next</b>	Application Pack, Informal interview, Training, Health Status checks, Disclosure/PVG
<b>Created, by whom</b>	Claire Garton, Voluntary Services Manager Jan 2022 Updated on Aug 2024