

Volunteer Role Description

Role Title	Meaningful Activity Volunteer
Purpose of the role	To take part in meaningful activities with patients to help assist in diversional therapy
Where	Meaningful activity Centres/Wards/Units across NHS Lothian
When	Monday – Friday, with some evening and weekends possible
Tasks to be undertaken	<ul style="list-style-type: none"> • Carry out meaningful activities 1:1 with patients, such as painting, pampering, games, music, looking at old photos, quizzes etc with the patients • Taking part in socialising group activities such as arts & crafts, movies and listening to music • Support the set up and tidy up of activities e.g., afternoon teas and crafts • Physical activities e.g. accompanying patients for walks with the consent of staff. • Collect patients from wards and accompany them to Meaningful activity centres. • To bring to the attention any concerns about patients to a member of staff
Tasks not to be undertaken	<ul style="list-style-type: none"> • Feeding unless training has been undertaken • Manual Handling of patients e.g. transferring from bed to chair, toileting and personal care.
Skills, Attitudes and Experience needed	<ul style="list-style-type: none"> • Good communication and listening skills • Non judgemental and sensitive approach • Positive attitude and willingness to learn • A confident, articulate and personable manner, with understanding and empathy • A good understanding of confidentiality • A commitment to high standards and quality service • Reliable, punctual and committed • Patience, understanding and sensitivity of the needs patients, their families • Adhere to all health and safety and fire regulations and to co-operate with the NHS in maintaining good standards of health and safety. <p>Please note training will be given on all aspects of the role</p>
Support /Supervision	Voluntary Services Team and the nurse in charge of the ward/unit
Expenses	Agreed out of pocket expenses which are incurred when carrying out this volunteer role will be reimbursed in line with the NHS Lothian volunteer expenses policy and signed off by the VSM.
How to apply / what happens next	Application Pack, Informal interview, Training, Health Status checks, Disclosure/PVG
Created, by whom	Diane Lockhart July 2020 Revised Nov 2022