

Volunteer Role Description

Role Title	Meaningful Activity Volunteer
Purpose of the role	To take part in meaningful activities with patients to help assist in diversional therapy
Where	Various wards or Meaningful Activity Centre (MAC) at Royal Infirmary of Edinburgh
When	MAC – Monday to Friday, 9am-12pm or 1pm-4pm Wards – Monday to Sunday, 10am-12pm, 2pm-4pm or 6pm-8pm
Tasks to be undertaken	<ul style="list-style-type: none"> • Carry out meaningful activities 1:1 with patients, such as painting, playing games, listening to music, looking at old photos, doing quizzes, etc. with the patients • Taking part in socialising group activities such as arts & crafts, movies and listening to music • Support the set up and tidy up of activities e.g., Afternoon Teas and crafts in the Meaningful Activity Centre • Physical activities e.g., accompanying patients for walks with the consent of staff. • Collect patients from wards and accompany them to MAC • To bring to the attention any concerns about patients to a member of staff
Tasks not to be undertaken	<ul style="list-style-type: none"> • Mealtime assistance [unless training has been undertaken] • Manual Handling of patients e.g. transferring from bed to chair, toileting and personal care.
Skills, Attitudes and Experience needed	<ul style="list-style-type: none"> • Kind, compassionate and empathetic • Patient and able to spend quality time with patients • Confident communicator with an understanding of different methods of communicating • Non-judgemental and sensitive approach • Positive attitude and willingness to learn • A good understanding of confidentiality • A commitment to high standards and quality service • Reliable, punctual and committed • Adhere to all health and safety and fire regulations and to co-operate with the NHS in maintaining good standards of health and safety. <p>Please note training will be given on all aspects of the role</p>
Support /Supervision	Voluntary Services Team and the nurse in charge of the ward/MAC
Expenses	Agreed out of pocket expenses which are incurred when carrying out this volunteer role will be reimbursed in line with the NHS Lothian volunteer expenses policy and signed off by the VSM.
How to apply / what happens next	Application Pack, Informal interview, Training, Health Status checks, Disclosure/PVG
Created, by whom	Juliet Turk October 2022